

A portrait of Laura Sgroi, a woman with long dark hair, smiling and sitting in a white armchair. She is wearing a white sleeveless top and white pants. She has gold hoop earrings and gold bracelets on her wrists. The background is a bright, out-of-focus indoor space with green plants.

# LAURA SGROI

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CERTIFIED COACH  
PUBLISHED AUTHOR  
ENGAGING SPEAKER



# LAURASGROI

## Personal Statement

I COACH HEARTS & BRAINS LOOKING FOR POSITIVE CHANGE. As a Certified Positive Lifestyle + Business Coach I engage with clients in a deep brain and heart-storming process that empowers them to pursue their own concept of personal and professional success.

## New Book! IN OUR THIRTIES

IN OUR THIRTIES  
Insights and Expert Advice For This Decade and Beyond. Mrs. Sgroi invites friends from all around the world to share their own experiences. Along with 30+ contributors, she sheds some light on the questions and opportunities unique to our thirties.

## Qualifications

- 15+ Years Successful Career in Entertainment Production
- Bilingual Published Author and Engaging Speaker
- Certified Professional Coach by the University of Miami, an Accredited Program by the International Coaching Federation